

RUN, HIKE, CRAWL 5K TRAIL RACE

MAY 5, 2018



Run • Hike • Crawl

PEEC 5k Trail Race

EARLY REGISTRATION (By April 14, 2018)* \$25	REGISTRATION AFTER April 14th \$30	RACE DAY REGISTRATION \$35
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RUNNER REGISTRATION (Please print)

First: _____
Street: _____
State: _____
Phone: _____
Email: _____

MALE FEMALE

Last: _____
City: _____
Zip: _____
Age: _____

T-SHIRT SIZE Y S M L XL XXL

***Early registration guarantees participants a t-shirt.**

RUNNER PAYMENT INFORMATION:

___ Register on line at www.peec.org/5K - **PREFERRED METHOD**
___ Check enclosed payable to PEEC for \$ _____
___ Bill my Credit Card: VISA MASTER CARD
Name on card: _____
Address: _____ City: _____ State: _____ Zip: _____
CARD #: _____ Exp. Date: ____/____/____ CCV: _____
Signature: _____

Complete the registration and payment information and mail to:
PEEC 5K Run, Hike, Crawl, 538 Emery Road, Dingmans Ferry, PA 18328

This waiver must be read and signed in order to participate:

I know that running a race is a potentially hazardous activity and that I should not enter the event unless I am physically and mentally able to compete. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity and the conditions of the course, both on and off the trails, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of the PEEC 5k Run, Hike, Crawl; Pocono Environmental Education Center; Ready, Set, Run; The National Park Service; and any event sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes. All fees are nonrefundable.

Signature: _____ Date: _____
Parent/Guardian's Signature _____ Date: _____
(If under 18 years of age)