

## What will your group need?

- Team Building sessions require a 3-hour commitment.
- Casual, outdoor clothing
- Light-weight hiking shoes or sneakers (sturdy shoes) are recommended.
- Dress for the weather.

Our staff is trained in all aspects of challenge/adventure education and will facilitate the Team Building experience at PEEC. Participants will be led safely through all activities.

Lunch and/or refreshments are also available upon request for an additional fee.

Spend more time at PEEC!  
We have additional Team Building  
Extension Activities!



**PEEC**  
Pocono Environmental  
Education Center



## The Ultimate Team Building Experience at PEEC

*Designed to Promote Leadership,  
Self-Confidence,  
Communication, and Teamwork!*

570-828-2319  
peec@peec.org  
www.peec.org



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**PEEC MISSION STATEMENT**  
PEEC advances environmental education, sustainable living, and  
appreciation for nature through hands-on experience in a national park.

# Our Team Building Experience Promotes Leadership, Self-Confidence, Communication, and Teamwork

There are two parts to our **Team Building Experience**: The Team Building Course and the Low Ropes Confidence Course.

## The Team Building Course

consists of a series of challenges designed to promote teamwork within and among the members of any group! The program requires participation of all team members to plan and execute solutions to physically and mentally stimulating tasks. Learning occurs primarily as a result of the process itself. Teams move from problem to problem, using the successes and challenges of their previous efforts to increase problem-solving ability. PEEC staff will facilitate all of the activities.



## Low Ropes Confidence Course

Confidence Course activities are designed to increase individual capabilities and cooperative abilities of your group. The sessions begin with a series of warm-up exercises based on total group participation. These exercises establish the trust and positive attitude necessary to help everyone through individual challenge elements. The elements are outdoors and are designed for each person to work both individually and with other group members to complete a specific task.



## How to plan your Team Building Experience!

“Teams” of 12-15 are optimal.  
(Participants must be at least 12 years old.)

Plan on allotting a minimum of 3 hours for the Team Building Experience.

**Cost/person for the 3 hour experience**  
**\$19.00\***

**Call PEEC**  
**570-828-2310 x 227 to**  
**schedule the date of your visit.**

If you have more time to spend at PEEC, ask about extension activities which include canoeing and orienteering.

Lunch and/or snacks are available upon request for an additional fee.

\*Prices effective January 1, 2019



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